

SRI GURU NANAK DEV KHALSA COLLEGE

(University of Delhi)



NATIONAL SERVICE SCHEME

PRESENTS

"COVID-19 AWARENESS AND MANAGEMENT SESSION"

HONOURABLE GUEST SPEAKER



DR. KS JOHAR

(MBBS, MD Intensivist, Indian Army Veteran)

Time - 05:00 PM Venue- Google Meet Date- 23rd April 2021

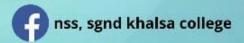
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SRI GURU NANAK DEV KHALSA COLLEGE

(UNIVERSITY OF DELHI)

Webinar on "Covid-19 Awareness and Management"

Organised by: National Service Scheme

Date: 23rd April, 2021

Webinar on "Covid-19 Awareness and Management"

Number of Participant: 68

NSS Unit of Sri Guru Nanak Dev Khalsa College has organised a webinar session on "Covid-19 Awareness and Management" on 23rd April 2021 at 05:00PM.

Dr. KS Johar (MBBS, MD Intensivist, Indian Army Veteran) was the guests of the event. He told that coronavirus is a kind of common virus that causes an infection in your nose, sinuses, or upper throat. Most coronaviruses aren't dangerous. In early 2020, after a December 2019 outbreak in China, the World Health Organization identified SARS-CoV-2 as a new type of coronavirus. The outbreak quickly spread around the world. COVID-19 is a disease caused by SARS-CoV-2 that can trigger what doctors call a respiratory tract infection. It can affect your upper respiratory tract (sinuses, nose, and throat) or lower respiratory tract (windpipe and lungs). It spreads the same way other coronaviruses do, mainly through person-to-person contact. Infections range from mild to deadly. SARS-CoV-2 is one of seven types of coronavirus, including the ones that cause severe diseases like Middle East respiratory syndrome (MERS) and sudden acute respiratory syndrome (SARS). The other coronaviruses cause most of the colds that affect us during the year but aren't a serious threat for otherwise healthy people.

The college teaching staff along with NSS volunteers and other students of different colleges have attended the webinar as well. A strength of 60+ students were present in the session. This session lasted for 1 hours from 05:00 PM to 06:00 PM. The session was very refreshing, reviving and relaxing. DR. KS gave us incredible tips on how to keep ourselves fit and fine. They shared their incredible experiences and made the webinar, a very interesting and wonderful





