

SRI GURU NANAK DEV KHALSA COLLEGE
DEV NAGAR – 110005

POST-EVENT REPORT

Event	Ashwagandha Saplings Distribution Camp
Topic	Ashwagandha Saplings Distribution Camp for Awareness in Public
Organizer	National Service Scheme of Sri Guru Nanak Dev Khalsa College
Date	09th May 2024
Time	12:30 P.M
Duration	2 Hours
Place/Platform	College Parking Area
Number of participants	26
Guest speaker/Judges	NA
Welcome speech	Dr. Mamta Ahuja
Introduction to the speaker	NA
Activities:	<p>The Ashwagandha saplings distribution camp organized by the NSS (National Service Scheme) unit of our college was a wonderful initiative to promote environmental awareness and holistic health among students and the community. Organizing awareness campaigns on topics such as sustainable living, organic farming, and the conservation of medicinal plants. Distributed informational pamphlets and posters to spread awareness beyond the campsite. By incorporating these activities, the Ashwagandha saplings distribution camp served as a platform for education, empowerment, and community engagement, fostering a culture of environmental responsibility and well-being among participants.</p>
Main Ideas:	<p>The main ideas behind organizing an Ashwagandha saplings distribution camp by the NSS (National Service Scheme) unit of our college included Highlighting the benefits of Ashwagandha as a medicinal herb known for its various health benefits, including stress relief, immune system support, and improvement of cognitive function. Encouraging the cultivation of indigenous plants like Ashwagandha promotes environmental conservation and biodiversity. Overall, the distribution camp serves as a platform to raise awareness about the benefits of Ashwagandha, promote sustainable practices, and foster community engagement in health and environmental initiatives.</p>
Vote of thanks	Dr. Mamta Ahuja

Feedback:

From the initial promotional efforts to the actual distribution process, every aspect of the event was well-coordinated, ensuring its success. One of the key highlights of the camp was the awareness it raised about the importance of Ashwagandha plants and their numerous health benefits. Through informative sessions and literature provided during the event, participants gained valuable insights into the medicinal properties and ecological significance of Ashwagandha.

Attendance Sheet:

SRI GURU NANAK DEV KHALSA COLLEGE
DEV NAGAR, KAROL BAGH, DELHI-110005

SOCIETY NAME : National Service Scheme DATED : 9 May 2024

CONVENOR NAME : Dr. Manita Phuja

S.No.	Name	Class	Year	Roll No.	Signature
1.	Alok Kumar	PSC	III	1800	Alok
2.	Nishant Tyagi	BCP	I	3013	N Tyagi
3.	Sonika Goswami	PSC	II	1729	Sonika
4.	Ashi Sharma	PSC	III	1982	Ashi
5.	Tyoti	PSC	III	1962	Tyoti
6.	Tina Durgani	ENGL	II	503	Tina
7.	Ruabhji	PSC	I	1798	Ruabhji
8.	Adik Jain	BCP	I	3044	Adik
9.	Simranjeet Kaur	BCP	I	3079	Simran
10.	Ridhima Kalua	PSC	II	1712	Ridhima
11.	Aaliya Noaz	BAP	II	2246	Aaliya
12.	Sohail	BCP	I	3209	Sohail
13.	Ayushi Kumawat	HIN	II	708	Ayushi
14.	Aneha	BAP	I	2171	Aneha
15.	Harman Kaur	BCP	II	3018	Harman
16.	Abhishek Singh	HIN	III	703	Abhishek
17.	Manoj Raj	HIS	II	1113	Manoj
18.	Manahi	BCP	II	3220	Manahi
19.	Karan	BCP	II	3072	Karan
20.	Deepika Thakur	PUN	I	1504	Deepika

CONVENOR SIGN : Manita 9/5/2024

DESIGNATION : NSS Programme officer

SRI GURU NANAK DEV KHALSA COLLEGE
DEV NAGAR, KAROL BAGH, DELHI-110005

SOCIETY NAME : National Service Scheme DATED : 9-05-2024

CONVENOR NAME : Dr. Manoj Ahuja

S.No.	Name	Class	Year	Roll No.	Signature
21.	Dikshant	BCP	II	5247	<u>Dikshant</u>
22.	Diya Sachdeva	BCP	I	3052	<u>Diya</u>
23.	Shashwat	Him	II	905	<u>Shashwat</u>
24.	Vidushi	ENG	II	530	<u>Vidushi</u>
25.	Sachin Chaturvedi	BCH	I	40	<u>Sachin</u>
26.	Nikita	BCP	I	5214	<u>Nikita</u>

Poster:



The poster features a green background with a subtle pattern of leaves. At the top left is the logo of Sri Guru Nanak Dev Khalsa College, and at the top right is the logo of the National Service Scheme. The main text is centered and reads: 'SRI GURU NANAK DEV KHALSA COLLEGE (University of Delhi) NAAC Accreditation of Grade A NATIONAL SERVICE SCHEME invites all FACULTY MEMBERS and STUDENTS for ASHWAGANDHA SAPLINGS DISTRIBUTION CAMP For Awareness in Public'. Below this text are two potted ashwagandha plants and a central illustration of a hand holding a sapling. A white dashed border contains a calendar icon, the date '9TH MAY 2024', the time '12:30 PM ONWARDS', and a location pin icon with the text 'COLLEGE PARKING AREA'. At the bottom, seven small sapling icons are arranged in a row, with the names and titles of Prof. Gurmohinder Singh (Principal), Joydeep Pal (President), and Dr. Mamta Ahuja (NSS Programme Officer) listed below them. Social media icons for Instagram, Facebook, and Twitter are at the bottom left, with the handles 'nss.sgndkhalsa' and 'nss.sgndkhalsacollege' to their right.

 **SRI GURU NANAK DEV KHALSA COLLEGE**
(University of Delhi)



NAAC Accreditation of Grade A

NATIONAL SERVICE SCHEME

invites all
FACULTY MEMBERS and STUDENTS
for
ASHWAGANDHA SAPLINGS DISTRIBUTION CAMP
For Awareness in Public

 **9TH MAY 2024** **12:30 PM**
ONWARDS  **COLLEGE**
PARKING
AREA



Prof. Gurmohinder Singh
(Principal) **Joydeep Pal**
President **Dr. Mamta Ahuja**
(NSS Programme Officer)


  **nss.sgndkhalsa**  **nss.sgndkhalsacollege**

Pictures:







Signature: 

Name: Dr. Mamta Ahuja
[NSS Programme Officer]